

NEW YORK

NYS FREESTYLE & GRECO-ROMAN OPEN CHAMPIONSHIP

EVENT INFORMATION

EVENT: New York State Freestyle & Greco-Roman Open Championship with top 3 for 16U and Jr qualifying for Nationals in Fargo. Because of the many uncertainties resulting from the COVID-19 pandemic there will be no regional qualifying event.

EVENT DATE(S): Friday May 14 thru Sunday May 16, 2021 (competition on Saturday & Sunday Only)

EVENT LOCATION: TBA

EVENT STYLE(S): Freestyle and Greco-Roman

DIVISION(S): All USA Wrestling Men's and Women's Divisions

Men's: 8U, 10U, 12U, 14U 16U, USA Jr and Open

Women's: 8U, 10U, 12U, 14U, 16U USA Jr Open

*See 2nd page for USA Wrestling Division and Weight Classes details

REGISTRATION

REGISTRATION: **Registration will be online only through Track Wrestling.** There will be no onsite/day of registrations. This is a pre-registration only event through **Track Wrestling.**

REGISTRATION DEADLINE: Tuesday May 11, 2021 at midnight

EVENT COST: 1-Style \$50 or 2-Styles \$65 Online payment only at the time of registration through <http://www.trackwrestling.com>

PARTICIPATION REQUIREMENTS AND INFORMATION

WRESTLERS

USAW REQUIREMENTS – All [USA Athlete Memberships](#) must be up to date. **A COVID-19 Screening must be completed prior weigh-ins or the start of competition, whichever occurs first in the day, each day of competition.** COVID-19 Screening is completed through the [USA Wrestling Membership](#) Profile. This must be completed each day of competition. See **COVID – 19 Screening** below for instructions.

All athletes born on or before 8/31/2002 must complete SafeSport training before becoming a member.

UNIFORMS - Wrestling shoes are required. Red and blue singlets are preferred in keeping with the tradition of Freestyle and Greco-Roman wrestling. Other singlet colors will be accepted as necessary.

SKIN CHECKS - Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.

FREESTYLE & GRECO-ROMAN OPEN

COACHES

USAW REQUIREMENTS - A floor pass will be required to be on the floor and coach. **To obtain a floor pass a current USA Wrestling Coaches Membership card with a USAW Bronze certification is required and clear background check.** This will take a few days to two weeks to complete. Plan ahead. There will be no exceptions. This is a USA Wrestling regulation.

OTHER INFORMATION

RULES - The event will be run under UWW rules, with USAW modifications.

INJURIES - In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

SCHEDULE

WEIGH-IN INFORMATION

WEIGH-IN REQUIREMENTS - All athletes must be present at the beginning of weigh-ins ready for final weight check. **This will be a one chance weigh-in.** A check scale will be provided outside of the weigh-in area. Wrestlers must wear a single and mask during weigh-in per USAW regulation. Athletes competing in both styles will weigh in only once for both events. Athletes must actively compete in the first style for the weigh-in to apply to the second style. Athletes wrestling one style only must weigh-in during their divisions assigned time for that style.

FRIDAY MAY 14, 2021 - Freestyle Only and 2 style (wrestling both Freestyle & Greco-Roman) Weigh-In's

6:15pm to 7:00pm – 8U & 10U

7:00pm to 7:30pm – 12U

7:30pm to 8:00pm – 14U

8:00pm to 8:30pm – 16U

8:30pm to 9:00pm – Junior and Open

* Day of weigh ins through event director coordination only

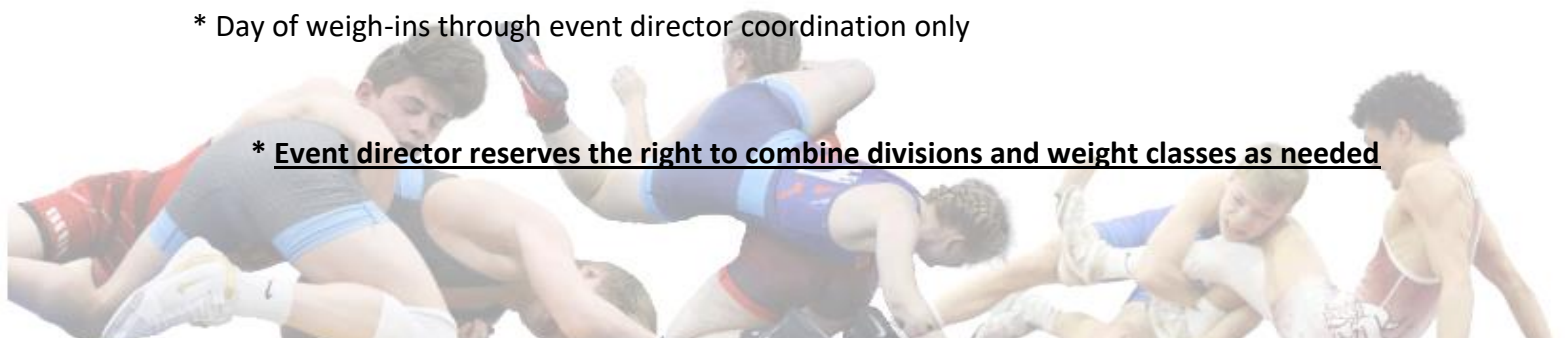
SATURDAY MAY 16, 2021 Women's Freestyle and Men's Greco-Roman Only

12:00pm to 12:30pm Women's

12:30pm to 1:00pm 16U, Jr and Open

* Day of weigh-ins through event director coordination only

*** Event director reserves the right to combine divisions and weight classes as needed**



***Event director reserves the right to modify the schedule as needed**

DIVISIONS AGES AND WEIGHT CLASSES

2021 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
10U	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
12U	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
14U	Born 2007-2008	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs
16U	Born 2005-2006	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
USA Junior	* Born 9/1/2001 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
Open	Born 1946-1994	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg



2021 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 50 lbs, 55 lbs, 60 lbs, 70 lbs, 85 lbs
10U	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	50 lbs, 55 lbs, 60 lbs, 65 lbs, 70 lbs, 75 lbs, 80 lbs, 90 lbs, 100 lbs, 110 lbs
12U	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	65 lbs, 70 lbs, 75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 110 lbs, 120 lbs, 130 lbs, 145 lbs
14U	Born 2007-2008	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	72 lbs, 79 lbs, 85 lbs, 92 lbs, 97 lbs, 101 lbs, 105 lbs, 110 lbs, 119 lbs, 127 lbs, 136 lbs, 145 lbs, 185 lbs
16U	Born 2005-2006	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	94 lbs, 100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs
USA Junior	** Born 9/1/2001 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs, 225 lbs
Open	Born 1946-1994	Two three-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg

USA Junior: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2001 and later who were enrolled in grades 9-12 during the 2021 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2021 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles.



SPECTATORS AND VENUE INFORMATION

SPECTATORS

COVID-19 PROTOCOL - Venue will do temp checks at the door. All coaches, event support and spectators must always wear a mask. Athletes must always wear a mask with the only exception when on the mat competing.

COVID – 19 Screening

1. Log into [USA Wrestling Membership](#).
1. Select COVID Screening in the top toolbar.



Manage

COVID Screening

Extras

USAW Events

Resources


Help / FAQ



a.

2. Select the profile the profile associated with the screening by selecting the USAW ID or the Name. If you do not have a profile, select create profile to set up a USA Wrestling Membership.


Choose Profile for Covid Screening

USAW ID	Name	State
 123456789	Firstname Lastname	NY

CREATE PROFILE

3. Select Start Screening.

Covid Screening for 123456789 – Firstname Lastname

	USAW ID 123456789	Name Firstname Lastname	State NY
No Current Screening Found			
You will need to come back each day to enter your symptoms.			
<p>START SCREENING</p>			
We strongly encourage any person who is at higher risk for severe COVID-19 complications (persons over age 65 or with underlying medical conditions) to continue to stay home to reduce their risk of exposure.			
For questions, visit COVID-19 Special Section .			
<p>BACK TO PROFILE SELECTION</p>			

4. Complete the COVID Screening Form and submit screening.

Coronavirus Disease (COVID-19) Symptom Screening

1801230301 - Jenn Myrdal

USA Wrestling is using this symptom screening to help you determine when you should keep yourself and/or your child at home to reduce the potential risk of exposure and/or spread of COVID-19 to you and/or other athletes, coaches, officials, visitors, staff, and volunteers.

This symptom screening will not identify people not showing symptoms yet, or who may be infected but show no symptoms. Nevertheless, your participation is important to help us take this precautionary measure to protect you and everyone. Thank you!

In the past 14 days, have you experienced?

Fever or Chills:	Yes <input type="radio"/>	No <input type="radio"/>
New or worsening cough:	Yes <input type="radio"/>	No <input type="radio"/>
Shortness of breath/ Difficulty breathing:	Yes <input type="radio"/>	No <input type="radio"/>
Sore throat:	Yes <input type="radio"/>	No <input type="radio"/>
Diarrhea (unless due to known cause):	Yes <input type="radio"/>	No <input type="radio"/>
Loss of taste or smell:	Yes <input type="radio"/>	No <input type="radio"/>
Nausea or vomiting:	Yes <input type="radio"/>	No <input type="radio"/>
Unexplained Muscle ache:	Yes <input type="radio"/>	No <input type="radio"/>
Fatigue or chest pressure:	Yes <input type="radio"/>	No <input type="radio"/>

If you answer "yes" to any of the symptoms listed above, or your temperature is 100.4F or higher, please self-isolate at home and contact your primary care physician's office or nearest urgent care facility for direction.

In the past 14 days, have you:


Have you or anyone in your household cared for an individual who is in quarantine or is a presumptive positive or has tested positive for COVID-19?	Yes <input type="radio"/>	No <input type="radio"/>
Do you have any reason to believe you or anyone in your household has been exposed to or acquired COVID-19?	Yes <input type="radio"/>	No <input type="radio"/>
To the best of your knowledge have you been in close proximity to any individual who tested positive for COVID-19?	Yes <input type="radio"/>	No <input type="radio"/>

If you answer "yes" to any of these questions, please (unless exempt) self-quarantine at home for 14 days.

CANCEL **SUBMIT SCREENING**

5. View the next screen for results.

Covid Screening for 123456789 - Firstname Lastname

	USAW ID 123456789	Name Firstname Lastname	State NY
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PASS

As of 03/27/2021 13:55:50

Thank you for taking the screening.

You will need to track your symptoms here daily.

We strongly encourage any person who is at higher risk for severe COVID-19 complications (persons over age 65 or with underlying medical conditions) to continue to stay home to reduce their risk of exposure.

For questions, visit [COVID-19 Special Section](#).

BACK TO PROFILE SELECTION

