

Saturday, March 30, 2019
**QUEENSBURY MAT MEN
WRESTLING TOURNAMENT**

(Sponsored by Queensbury Mat Fans)

Location: Queensbury High School, Aviation Road, Queensbury, NY 12804

We are located right off exit 19 of I-87 (Adirondack Northway)

This tournament is a 4 man round-robin format. This style eliminates “byes” therefore giving wrestlers more “mat-time” and wrestling experience.

For more info contact: Coach Winchip (518) 361-0360 email: winchip@capital.net

Divisions 20 & 30	
Weigh-ins:	10:30 a.m.—Noon
Pooling:	Noon —1:00 p.m.
Wrestling Approx.:	1:30 p.m.

Matches:	High School rules in effect. Three Periods 2-1-1
Overtime:	High School rules will be followed for overtime

Division 20: (18-25 years old) 1/2 pound per year for 22 years old and over to 25.

Weight Classes: 120, 130, 140, 150, 160, 170, 180, 190, 215, UNL

Division 20: (26 years old and Above) 1 pound per year for 30 years old.

Divisions
20 Ages 18 to 25
30 Ages 26 and Above

Pooling Information:

Depending on each weight class and quantity of wrestlers we will use brackets or round robins. The purpose of this tournament is fun, competitive wrestling. Most wrestlers should wrestle three matches. Our goal is to eliminate “byes” where possible. Therefore giving wrestlers more “mat-time” In case of a tie in the pool, tie breaker criteria will be posted at each wrestling station.

Awards: Medals will be presented to the Champion, 2nd, 3rd and 4th place finishers of each pool.

Refreshments will be available. We will offer Breakfast and light lunches as well as other refreshments.

Please make every effort to enforce and model good “sportsmanship”. We are enforcing a “Code of Conduct” behavior for spectators and competitors to ensure an enjoyable experience for ALL participants.

HAVE FUN AND ENJOY A DAY OF GREAT WRESTLING!

Queensbury Mat Rat Tournament—Saturday, March 30, 2019
Official Entry Form
Divisions: 20 & 30

Division _____ Weight _____ lbs. Ent. _____ PD _____

\$25.00 entry fee. All entries will be accepted at the door.

Make checks payable to **Queensbury Mat Fans.**

Please Print:

Name: _____ Age _____ DOB _____

Address: _____

Phone: _____ Parent Email: _____

School District Attending or Team Representing: _____

Coach: _____

I hereby release Queensbury Mat Fans, Queensbury School District, the tournament officials and the referees from Any and all claims regarding any accident, injury, illness or liability that may be caused in conjunction with this tournament, and I will be responsible in full for the health, safety and welfare.

Signature: _____ Date: _____

Pooling Information: please provide pertinent prior wrestling experience (tournament honors, awards and years of experience, etc.) Also include overall rank (see scale below):

Overall Rank: Bring 'em on, I am ready { }
(check one) Stud { }
I was better when I was younger { }
Inexperienced, or really out of
shape and get tired a lot { }

Please note: We have hired as many certified Varsity Wrestling Officials as possible. We hope this will bring more leadership and direction to our tournament, improve the atmosphere of our tournament and help all wrestlers and parents to better understand the sport of wrestling.