

LION'S DEN

Presented by G2 World Wrestling Academy and Powered by NYWAY

- When:** Sunday November 4th, 2018. Wrestling is set to start 10:00am.
- Where:** Tuttle Gym - SUNY Brockport 350 New Campus Dr, Brockport, 14420
- Weigh-ins:** Saturday night 7:30pm - 8:30pm and Sunday 8am - 9am. All registrants must weigh-in in an official wrestling uniform.
No weight allowance. Skin checks will be performed at weigh-ins.
- Registration:** \$40 for NYWAY/NUWAY/CANWAY. \$5 one day passes available to non-members. Online registration only at www.nyway.org
No walk-ins will be allowed to compete. Registration closes at 11:59pm on Friday November 2nd, 2018. NO REFUNDS.
- Admission:** \$10 for Adults, \$3 for children over the age of 6. 5 & U are FREE.
- Coaching:** Certified Coaches **FREE** with Coaches card and valid ID. Only 2 coaches per wrestler allowed inside the matside area.

Divisions & Weights on 5 full mats: Wrestlers will be separated base on experience levels

D1 (2010 & under): Madison paring

D2 (2009/2008): Madison paring.

D3 (2007/2006): Madison paring.

D4 (2005/2004): 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, 130, 140, 155, 175, 195 max

D5 (High School): 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 max

2018 Lion's Den pre-season K-12th grade wrestling tournament rules:

- NYS Modified High School Rules with NYS Certified Referees.
- NFHS modified overtime rules apply. 1 min neutral then: 30 final ride out.
- Period lengths - Division 4-5 1:30, 1:30, 1:30. D1-D3 1:00, 1:00, 1:00 Headgear is optional but highly encouraged.
- No weight allowance and must weigh-in in an approved wrestling uniform.
- You may double bracket but need tournament director approval.
- Follow live on Trackwrestling.com
- Custom awards for top 3 place finishers in each pool
- If wrestlers do not make the weight they are registered in, they will be moved to the next weight class.

Contact: Adam Burgos adamburgos1735@gmail.com

Tournament Director: Seth Jones - nywaywestern@gmail.com

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