

NYWAY CENTRAL REGION



Regional Dual Team Wrestle-offs

Monday- November 12th, 2018



This year we will be sending a team to compete in the Regional Duals at the 2018 Annual NYWAY Kickoff. This year's Kickoff is scheduled for December 2nd, 2018. The venue for this tournament is at SUNY Ulster Community College- 491 Cottekill Road. Stone Ridge, NY 12484. Each Region is responsible for fielding a team from within its regional boundaries.

Central Region Members- ONLY

Boys: 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 120, 130, 145, 180 (Max HWT)

LOCATION:

The Central Region will be holding Wrestle offs, for those who wish to represent the Central Region, at **Fulton Wrestling Club Facility** on Monday- November 12th, 2018. The facility is located at **808 West Broadway, Fulton, NY 13069** and wrestling set to begin at 12:00pm and ends at 2pm. Doors open at 11:00am

Pre-Registration ONLINE only - *Registration closes November 9th, 2018 @ 11:59pm.* Registration is listed at www.nyway.org

Central Director, Jeff Mayer, contact - emayer12@yahoo.com

Rules:

- NO JV or Varsity Experience
- NYS certified officials.
- Must be within 3lbs of wrestle-off weight.
- Weight will be challenged.
- Three 1 minute periods.
- 1 minute first takedown then: 30 ride out.
- A singlet and headgear are mandatory. If needed please contact Central Director, Jeff Mayer via email.
- Bracketed if more than 3 wrestlers entered for a weight class. Best of 3 if only 2 wrestlers.
- Challenges for true second will be allowed if time allows. (for alternate purposes only)

